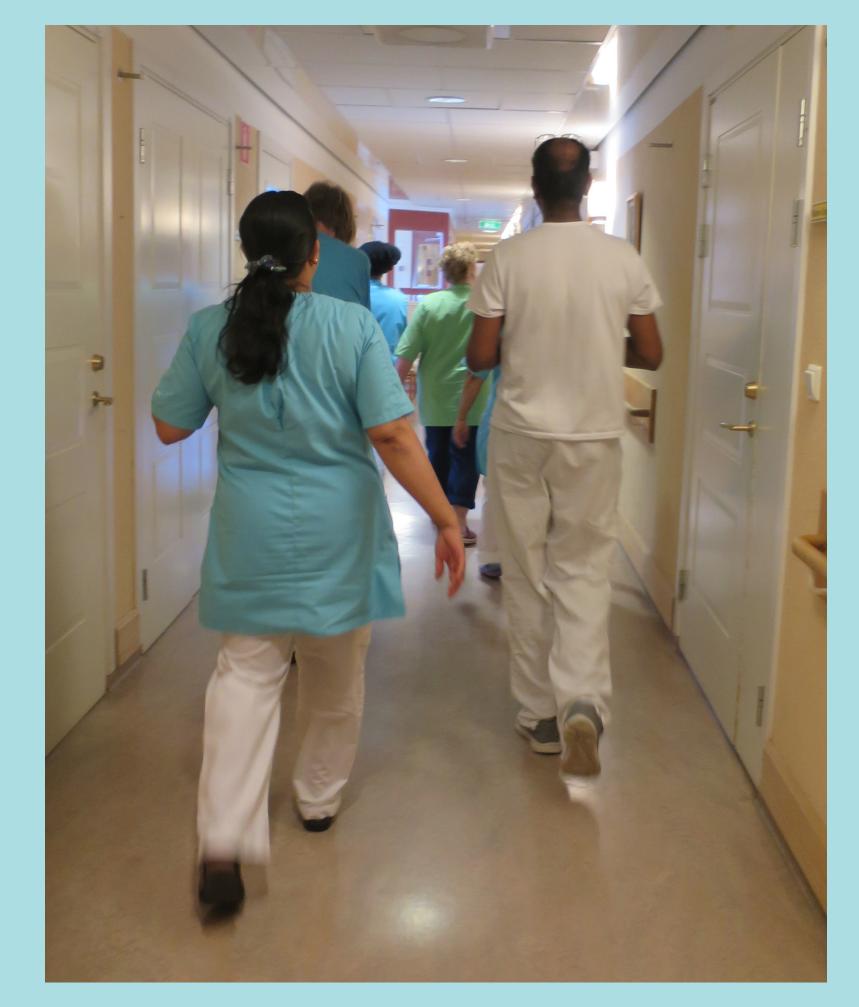
Participatory workshops with staff in a nursing home How tactile and visual objects can work as triggers in order to discusse multiple perspective in the nursing home environment

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## Conclusions

Aim

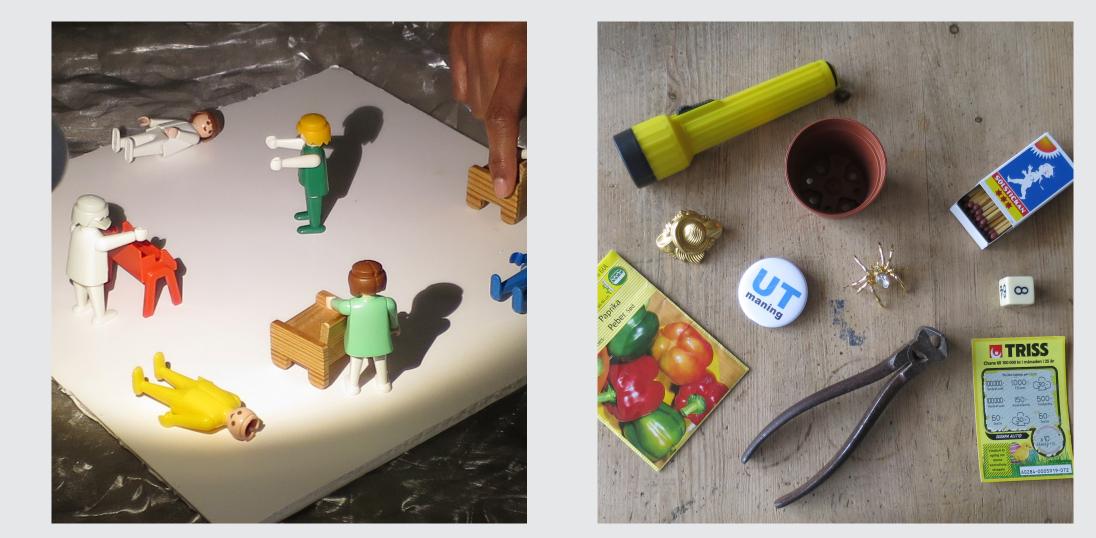
Using sensory triggers has proved to be useful as a way to support reflections in order to explore everyday life situations in a nursing home. Objects and photos that are not part of the everyday environment but can be associated with phenomena in the context lead to fruitful discussions about unexpected and relevant issues. Importantly, discussions with the staff revealed complex descriptions of situations that could otherwise pass as irrelevant.

Staff investigate the shared spaces at the site.

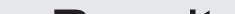
The aim is to explore how workshops can be used with health care staff in a nursing home in order to understand how the shared spaces in the nursing home are used in everyday situations, as well as identify advantages and challenges of the existing shared spaces. This knowledge will be used as a base in a participatory intervention aiming to contribute to thriving and a sense of home for the residents in the nursing home.

## Introduction

It is well known that private spaces design in nursing homes has an impact on wellbeing, but there is still lacking knowledge of how shared spaces can be re-designed to better support thriving and a sense of home among residents. In order to do this there is a need to understand the prerequisites of the environment in everyday practices. Therefore a close collaboration with the people who inhabit the place and for this study we focused on the staff.



Example of objects used as triggers at the workshops.



## Methods

The study has an ethnographic approach and is based on a combination of participatory methods. Staff at one unit in a nursing home in Stockholm participated in a series of ten collaborative workshops. The sessions were closely linked to the actual site to create an immediate sense of the environment. In the workshops were multiple sensory triggers and practical exersices used. Photos, plans and objects that connect to different senses served as starting points for the discussions. The workshops were documented through audio recordings, field notes and photos. Data analyse is still ongoing applying content analysis.

## Results

Preliminary findings show that the methods to use sensory triggers support discussions about complex and situational events in a nursing home context. The staff have identified unexpected advantages and challenges in the everyday life at the nursing home connected to the environment. We could also see changes in the staff engagement of the subject and how they talk and relate to the nursing home environment.

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